

**Armor of God Prayer**  
**Carol D'Annunzio (Simple Catholic Living)**

My friend gave me this prayer. It is based on the scripture verse Ephesians 6:13-17. It is a wonderful prayer to add to your morning routine.

***"Today I claim VICTORY over Satan by putting on the WHOLE Armor of God!***

***I put on the Girdle of TRUTH! May I stand firm in the truth of Your Word so I will not be a victim of Satan's lies.***

***I put on the Breastplate of RIGHTEOUSNESS! May it guard my heart from the evil so I will remain (tap your heart 3 times) pure, holy, and protected under the Blood of Jesus Christ.***

***I put on the Shoes of PEACE! May I stand firm in the Good News of the Gospel so Your peace will SHINE through me and be a LIGHT to all I encounter.***

***I take the SHIELD of FAITH! May I be ready for Satan's fiery darts of doubt, denial, and deceit; so I will not be vulnerable to spiritual defeat.***

***I put on the Helmet of SALVATION! May I keep my mind FOCUSED on YOU so Satan will not have a stronghold on my thoughts.***

***I take the Sword of the SPIRIT! May the two-edge sword of Your Word be ready in my hands so I can expose the tempting words of Satan.***

***By FAITH, Your Warrior has put on the WHOLE ARMOR of God! I am prepared to live this day in SPIRITUAL VICTORY!"***

----Anonymous

This is a strong and powerful prayer so I hope you will pray it regularly. :)

## About Carol



Like many of us, Carol is a jack of all trades: wife, homeschooling mother, homemaker, and most importantly, a child of God. She is featured on [Peanut Butter & Grace](#), a contributor to [The Catholic Bloggers Network](#), and blogs at [Simple Catholic Living](#) where you will find encouragement and resources for living out your womanly Christian vocation.

### *Let's Connect!*

I'd love to hear from you. If you have any questions, comments or (constructive!) criticism please feel free to contact me at [carol@simplecatholicliving.com](mailto:carol@simplecatholicliving.com).

### *Where to find me on social media:*

Don't forget to friend / follow me on the following social media sites. I will do my best to follow you back as soon as possible!

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