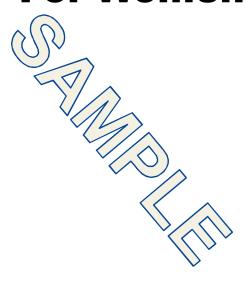
# Lenten Prayer Journal

For Women

**Carol D'Annunzio** 

### Lenten Prayer Journal For Women



Carol D'Annunzio



#### Copyright © 2016 by Living Fire Publications

All rights reserved. No part of this book may be reproduced or transmitted in any form or by any means, including but not limited to information storage and retrieval systems, electronic, mechanical, photocopy, recording, etc. without written permission from the copyright holder, except for the use of brief quotations in a book review.

Printed in the United States of America

First Printing 2016

ISBN 978-0-9967394-2-9

Living Fire Publications 253 Main Street Suite 116 Matawan, NJ 07747

www.livingfirepublications.com www.simplecatholicliving.com

### Dedication

To my husband, Michael, and my son, Andrew. I love you both so much! Thank you for your constant support and encouragement.

#### Introduction

What is Lent? According to the website, thefreedictionary.com, one of the definitions of Lent is "A 40-day period of fasting and penitence observed by many Christians in preparation for Easter." For Catholic Christians, this usually means fasting on Ash Wednesday and Good Friday, not eating meat on Fridays, and giving up something such as chocolate or coffee.

Thus, the Lenten season is meant to be a time of anticipation and preparing, both physically and *in our hearts*, for the great solemnity of Easter. However, Lent is generally ignored outside of Mass, especially in the secular world. Sure, a lot of people eat fish during this time and many may give a little extra to charity; still, it is easy to forget to take the time to focus on the real meaning of the season. So, instead of savoring and appreciating the way of Lent, and the great mystery of our redemption,, the Lenten season becomes something we pay minimal attention to.

Now, I believe it doesn't have to be that way which is why I put together this *Lenten Prayer Journal for Women*. The purpose of this journal is to help you to spend a few minutes each day focusing on the true meaning of the season. My heart's desire is that each time you pick up this journal you will capture a little of the sprit of the merciful and tender love of Jesus.

As you look through the journal, you will see that the book is divided into the six weeks of Lent (excluding Ash Wednesday). Each week is then separated into each day of the week and each day of the week contains a scripture verse, 2 ½ lined pages, and two blank pages.

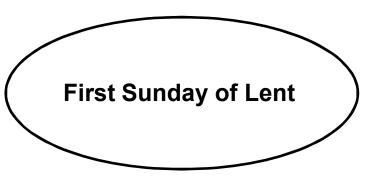
The scripture verses are included to help jumpstart your prayer time. If you don't need them, great, just ignore them. However, if you can't think of what to pray or write, the scripture verses, taken from the Mass readings, can be used to assist you in getting focused, praying, and writing.

After the six weeks, there is a section for prayer intentions, either for your own or prayer requests from other people. There are three lined pages with space for the date, the person requesting prayer, and the intention. Of course pere are also a couple of blank pages for adding pictures or drawing, as well.

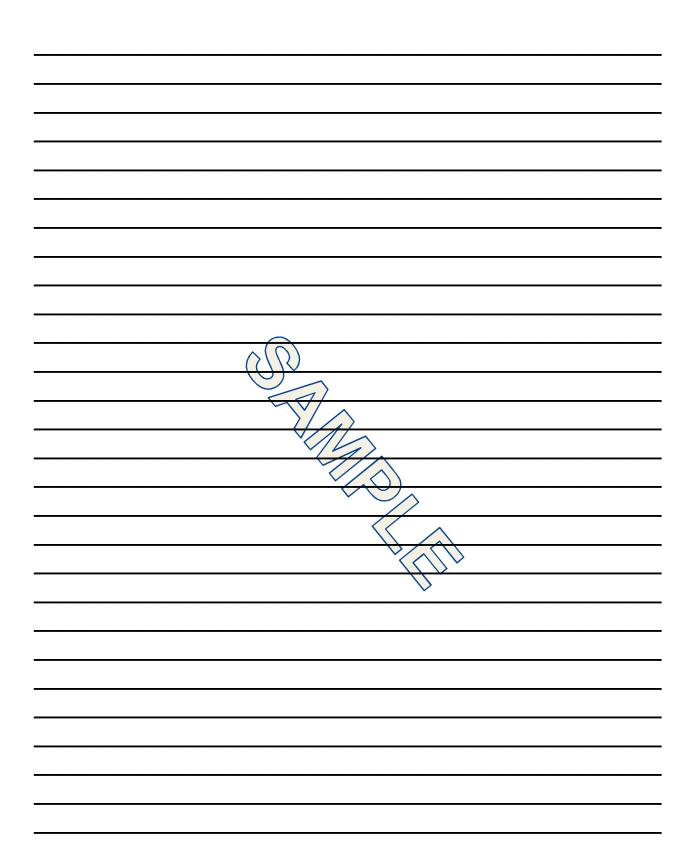
As you can see, I have kept the prayer journal very simple with lots of space for writing and drawn oodling. Remember, there is no right or wrong way to use this journal as your personal sacred space be used as an aid for your prayer life. In fact, it is my hope and over is that you will use this journal as a gateway to a consistent of deeper prayer life — not just during the Lenten season but all your round.

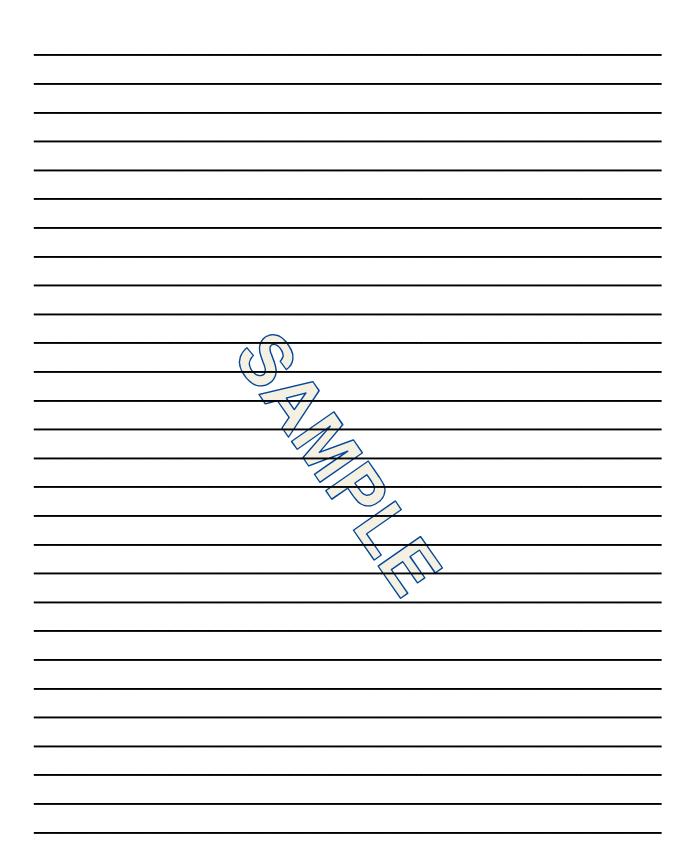
God bless and happy writing!



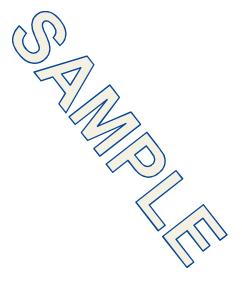


You shall worship the Lord, your God, And Him alone you shall serve. Luke 4:8

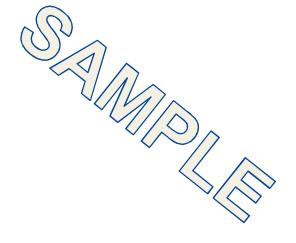


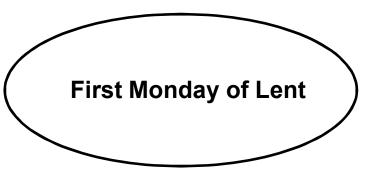


Drawing, Doodling, and/or Drawing Space

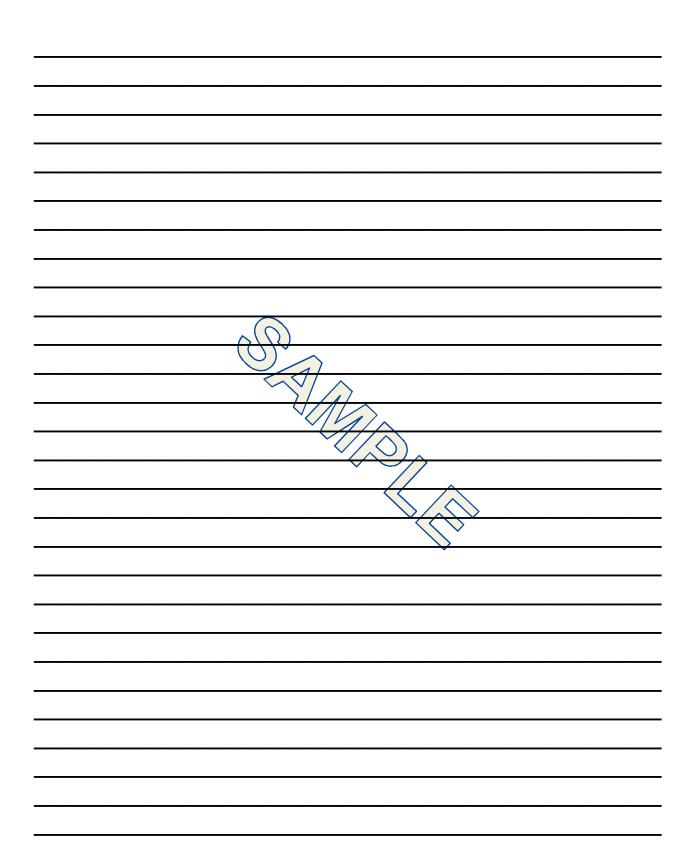


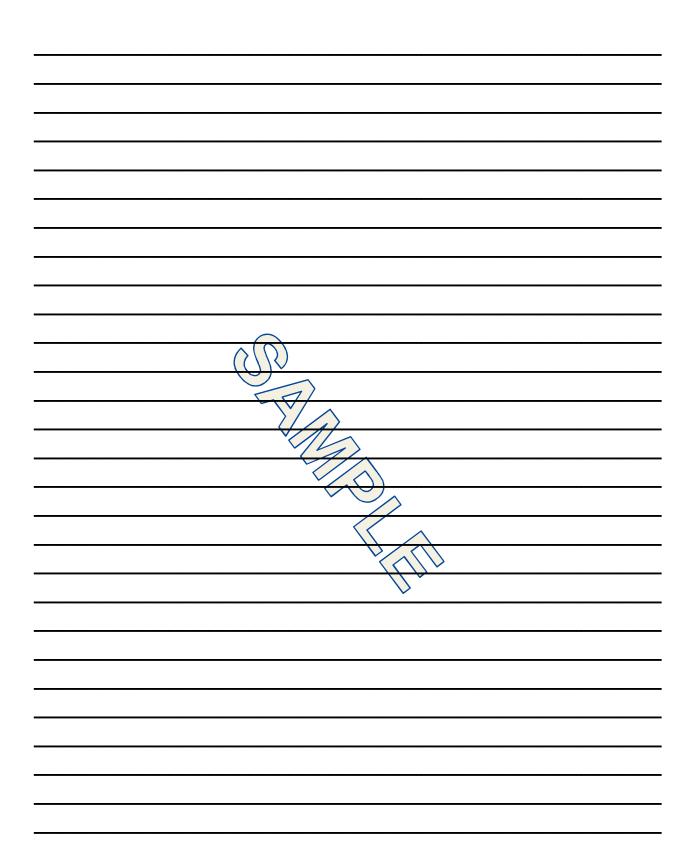
Drawing, Doodling, and/or Pasting Space



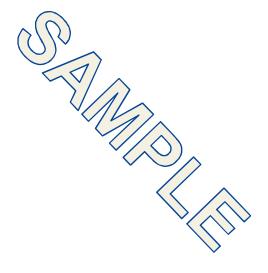


Whatever you did for the least of my brothers, you did it for me. Matthew 25:40





Drawing, Doodling, and/or Pasting Space



Drawing, Doodling, and/or Pasting Space



## About The Author: Carol D'Annunzio

Like many of us, Carol is a jack of all trades: author, wife, homeschooling mother, homemaker, and most importantly, a child of God. She is featured on the website **Peanut Butter & Grace**, is a contributor to **CatholicBloggersNetwork.com**, and blogs at **SimpleCatholicLiving.com** where you will find encouragement and resources for living out your womanly Christian vocation.

#### Let's Connect!

I'd love to hear from you. If you have any questions or comments, please feel free to contact me at **carol@simplecatholicliving.com**.

Don't forget to friend / follow me on the following social media sites. I will do my best to follow you back as soon as possible!

https://www.facebook.com/simplecatholicliving https://www.youtube.com/user/simplecatholic

https://twitter.com/simple\_catholic

https://www.pinterest.com/caroldannunzio1/

If you enjoyed this journal, please consider writing an honest review on Amazon.com or your favorite retail website. Thank you!

#### **Previous Releases**

### Check out the previously published titles from Carol D'Annunzio and Living Fire Publications:

Catholic Prayer Journal for Women

Advent Prayer Journal for Women

#### **Upcoming Releases**

### Look for new titles coming soon from Carol D'Annunzio and Living Fire Publications:

Easter Prayer Journal for Women

Scripture Memorization Journal for Women

Retreat & Conference Journal for Women

...And more!